Qualifying Health Care FSA Expenses

The following is not a complete list of all eligible expenses. Purchases and expenses must be related to medical necessity and must fall within the legal definition of medical care as defined in Code 213 (d). Expenses and purchases can be incurred by the plan participant, spouse, or eligible dependent. Refer to your employer’s Summary Plan Description for details specific to your plan. Additional forms and brochures are available at www.upmchealthplan.com/members/learn/consumer-advantage.

**Eligible Expenses**

- Acupuncture
- Alcoholism treatment
- Ambulance transportation
- Arthritis gloves
- Artificial limbs
- Artificial teeth
- Asthma treatments
- Bandages, elastic, gauze pads
- Blood pressure monitors
- Braille books and magazines
- Breast Pumps
- Breast reconstruction surgery following mastectomy
- Carpal tunnel wrist supports
- Chelation therapy
- Chiropractors
- Circumcision
- Coinsurance amounts
- Contact lenses, materials, and equipment
- Copayments
- Crutches
- Deductibles
- Dental sealants
- Dental treatment
- Dentures and denture adhesives
- Diabetic supplies
- Drug addiction treatment/treatment of drug overdose
- Egg donor fees
- Eye examinations, eyeglasses, equipment, and materials
- First aid kits
- Flu shots
- Fluoridation device or services
- Guide dog
- Hearing aids
- Hospital services
- Immunizations
- Laboratory fees
- LASIK eye surgery
- Learning disability, instructional fees
- Medical alert bracelet or necklace
- Medical information plan charges
- Medical monitoring and testing devices
- Medical records charges
- Norplant insertion or removal
- Obstetrical expenses
- Occlusal guards to prevent teeth grinding
- Operations
- Organ donors
- Osteopath fees
- Oxygen
- Patterning exercise
- Physical exams
- Physical therapy
- Preventive care screenings
- Prosthesis
- Psychiatric care
- Radial keratotomy
- Sleep deprivation treatment
- Sterilization procedures
- Sunscreen with SPF 15+ and “broad spectrum” sunburn creams and ointments (over-the-counter)
- Taxes on medical services and products
- TV/phone for hearing impairment
- Thermometers
- Transplants
- Transportation expenses for person to receive medical care
- Usual and customary charges, excess
- Vaccines
- Walkers
- Wheelchair
- X-ray fees

**Eligible Expenses with a Prescription**

- Allergy medicine
- Antacids
- Antibiotic ointments
- Antihistamines
- Anti-itch creams
- Aspirin
- Calamine lotion
- Claritin
- Cold medicine
- Decongestants
- Diaper rash ointment and creams
- Diarrhea medicine
- Expectorants
- Eye drops
- Headache medications
- Hemorrhoid treatments
- Insect bite creams and ointments
- Laxatives
- Menstrual pain relievers
- Motion sickness pills
- Pain relievers
- Sinus medications
- Toothache and teething pain relievers
- Yeast infection medication

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